Sexual Assault Awareness Month (SAAM) Events!

April

03

Teal Ribbon Scavenger Hunt

Teal ribbons are hidden around the UA campus! Scan the ribbon's QR code. The more ribbons you find, the more entries you get into the raffle. How many can you find before April 20th? Raffle winners will be announced on Instagram later this month - stay tuned!

17 SAAM Resource Fair: Creating Change Together

<u>UA Mall | 10 am - 3 pm</u>

Come learn about the resources available in our Community. **There are chances to win prizes!** For more information, scan the QR code below.

19 Heal with Teal: Yoga & Tea for Survivors

North Recreation Center, sunset room | 6 - 7:30 pm

Join us for trauma-informed yoga with CAPS counselor Melissa Keller,

LCSW, SEP, RYT (she/her). All yoga equipment provided! Afterwards,

Alyssa Hard (she/her), grief-informed teacher, herbalist, and doula, will lead a tea and conversation session.

20 Heal with Teal: Yoga & Tea for Survivors

North Recreation Center, sunset room | 3:15-4:45 pm
Join us for trauma-informed yoga with CAPS counselor Wyatt Kaynor,
LSWAIC, RYT, TCTSY-F (he/him). All yoga equipment provided!
Afterwards, Alyssa Hard (she/her), grief-informed teacher, herbalist,
and doula, will lead a tea and conversation session.

24 Healing through Creativity: Survivor Reflections & Expression Deadline for Submissions

Survivor Advocacy is collecting submissions now! At 8 AM on the 24th, the form for visual and written survivor stories will close. The submissions are reviewed by Survivor Advocacy. Submissions will be available online on the 28th - check it out!





