"Consent" in the context of sexual activity means informed and freely given words or actions that indicate a willingness to participate in mutually agreed-upon sexual activity. This essentially means that consent is permission or an agreement for a sexual act. Consent needs to be obtained for all partners involved whether that be one other person, two people, or more.

ASKING FOR CONSENT IS EASY

We ask for consent to borrow other people's things (water bottles, keys, pencils, and more) all the time, but people frequently do not ask for consent when it comes to other people's bodies. If everyone had a solid understanding of consent, asked for consent in sexual situations, and <u>respected the response</u> then the rates of sexual assault and rape would drop dramatically.

FRIES can be a helpful way to remember consent:

Freely Given without pressure or manipulation, and with a clear mind

Reversible someone can change their mind

Informed in the know about the sexual acts involved

Engaged everyone is actively engaged and able to communicate throughout

Specific consent to one sexual act doesn't mean consent to any other;

consent one day doesn't mean consent the next

The use of alcohol or drugs does not diminish one's responsibility to obtain consent and does not excuse conduct that violates the Student Code of Conduct.

Scan the QR code for the full definition of consent from the Student Code of Conduct.



Remember: A sexual interaction without consent is sexual assault or sexual harassment.



Statistics & Facts

1/4 women

will be victims of sexual assault in their lifetime. The highest risk period for women is between their sophomore year in high school and their sophomore year in college but that doesn't mean that that is the only time it can occur.

1/6 men

will be the victims of sexual assault in their lifetime. This often happens prior to their 14th birthday. So, we know that many men are coming to campus already having these experiences.

1/2 trans people

will be victims of sexual assault in their lifetime. They experience sexual violence at a much higher rate because it is used as a weapon against trans people. Trans men are men and trans women are women. These statistics are from different studies which is why they're listed separately. It's likely that there are trans people represented in the 1 in 4 women and the 1 in 6 men statistics.

90%

of campus sexual assaults are committed by perpetrators that the survivor knows. This could be an intimate partner, a friend, family member, authority figure, classmate, or another type of acquaintance.

These statistics are averages provided by the Center for Disease Control and may not feel representative of your experience. We recognize that people with multiple marginalized identities may experience sexual violence at higher rates than these averages.

The UAGoodSam Protocol gives some protections to students who want to seek support for an assault they experienced while they were under the influence of alcohol! Check that protocol out by scanning this QR code.



HOW CAN WE HELP?

The Consortium on Gender-Based Violence is the on-campus resource for gender-based violence research, prevention education, and community outreach. To learn more, visit gbv.arizona.edu or check us out on IG @gbv.uarizona

Thank you to the Women and Gender Advocacy Center at Colorado State University for inspiring this infographic.

